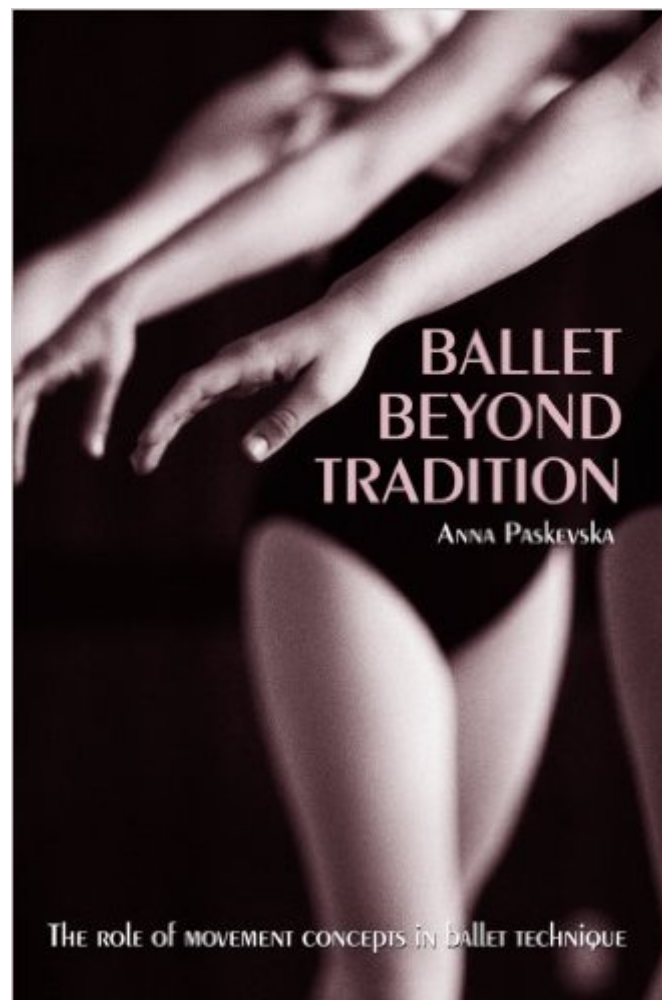


The book was found

# Ballet Beyond Tradition



## Synopsis

For nearly a century, the training of ballet and modern dancers has followed two divergent paths. Modern practitioners felt ballet was artificial and injurious to the body; ballet teachers felt that modern dancers lacked the rigorous discipline and control that comes only from years of progressive training. *Ballet Beyond Tradition* seeks to reconcile these age-old conflicts and bring a new awareness to ballet teachers of the importance of a holistic training regimen that draws on the best that modern dance and movement-studies offers.

## Book Information

Paperback: 200 pages

Publisher: Routledge (October 28, 2004)

Language: English

ISBN-10: 0415970180

ISBN-13: 978-0415970181

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (1 customer review)

Best Sellers Rank: #1,038,097 in Books (See Top 100 in Books) #74 in [Books > Arts & Photography > Performing Arts > Dance > Ballet](#) #101 in [Books > Arts & Photography > Music > Musical Genres > Dance](#) #206 in [Books > Textbooks > Humanities > Performing Arts > Dance](#)

## Customer Reviews

Every ballet teacher and student should read this book. At \$95 for the hardcover book, it's overpriced. I bought the kindle version for a quarter of that and it worked just fine. The purpose of the book is to bring the basic principles one finds in Lewis's book *The Illustrated Dance Technique* of Jose Limon to the ballet class. Those principles are good because they are more descriptive of what a student should sense and feel while working in class than are the French terms that make up the ballet vocabulary. At least that's the case for those of us who don't speak French. Paskevaska introduces each principle and discusses how each applies to different movements in ballet class. Particular helpful is her presentation of an actual class where each movement is broken down in terms of the various principles. Although the writing is overly academic and contains some of the silly notions about human physiology that one often hears in the ballet world, these are relatively minor. I've read the book three times and find myself increasingly thinking of the principles in my own ballet and modern classes. I urge other students to buy the book and do the same.

[Download to continue reading...](#)

Ballet Beyond Tradition Ballet Beautiful: Transform Your Body and Gain the Strength, Grace, and Focus of a Ballet Dancer The Secret of the Ballet Book: (Kids Fantasy Books, Ballerina Fiction) (Kids Mystery, Girls Books Ages 9-12, Ballet Stories, Dance Books, Kids Books, Kids Fantasy Books Ages 9-12) Inside Ballet Technique: Separating Anatomical Fact from Fiction in the Ballet Class The Ballet Companion: A Dancer's Guide to the Technique, Traditions, and Joys of Ballet Ballet 101: A Complete Guide to Learning and Loving the Ballet The Human Tradition in Modern Japan (The Human Tradition around the World series) The Great Tradition of Christian Thinking: A Student's Guide (Reclaiming the Christian Intellectual Tradition) Health, Healing, and Beyond: Yoga and the Living Tradition of T. Krishnamacharya Music in South India: The Karnatak Concert Tradition and Beyond: Experiencing Music, Expressing Culture (Global Music Series) Creative Lettering and Beyond: Inspiring tips, techniques, and ideas for hand lettering your way to beautiful works of art (Creative...and Beyond) Beyond the Basics: Mosaics (Beyond the Basics (Sterling Publishing)) Creative Doodling & Beyond: Inspiring exercises, prompts, and projects for turning simple doodles into beautiful works of art (Creative...and Beyond) Once Beyond a Time - A troubled family, missing child, and a "house beyond time." Six Degas Ballet Dancers Cards (Dover Postcards) Fernando Alonso: The Father of Cuban Ballet American Ballet Theatre/Post-Card Book Ballet and Modern Dance (Third Edition) (World of Art) Ballet Pedagogy: The Art of Teaching Apollo's Angels: A History of Ballet

[Dmca](#)